

ERC VALENTINE PREDICTION RUN

Predicted Pace - Overall Report

Race Date

February 08, 2015

PREDICTION RUN

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gnd / Age</u>	<u>Actual Time</u>	<u>Actual Pace</u>	<u>Predicted Pace</u>	<u>Difference</u>
1	Jack Sherwin	162	M 12	45:00	10:07	10:07	0:00
2	Patrick Zapolski	174	M 43	38:51	8:44	08:45	0:01
3	Debra Grove	113	F 53	46:49	10:31	10:30	0:01
4	Megan Sullivan	165	F 31	47:07	10:35	10:34	0:01
5	Joyce Dubaj	209	F 53	49:00	11:01	11:00	0:01
6	Mitch Radella	199	M 49	35:35	8:00	07:58	0:02
7	John Behrendt	96	M 56	39:01	8:46	08:48	0:02
8	Patricia Albaugh	93	F 62	49:57	11:13	11:11	0:02
9	Luigi Montagna	204	M 61	34:53	7:50	07:53	0:03
10	Terry Anderson	94	M 39	39:15	8:49	08:45	0:04
11	Mac Mackenzie	178	F 71	52:54	11:53	11:58	0:05
12	Brooke Adams	191	F 26	30:07	6:46	06:40	0:06
13	Kevin Slagle	181	M 33	32:43	7:21	07:15	0:06
14	Thomas Farrell	201	M 46	33:08	7:27	07:20	0:07
15	Jason Moffett	133	M 32	43:57	9:53	10:00	0:07
16	Scott McCray	127	M 66	37:20	8:23	08:15	0:08
17	Meredith Johnson	124	F 34	54:08	12:10	12:00	0:10
18	Liz Bugbee	202	F 42	39:40	8:55	08:44	0:11
19	Bill Tobin	184	M 66	50:36	11:22	11:11	0:11
20	Anne Braggins	100	F 32	38:47	8:43	08:55	0:12
21	Jose Quiros	196	M 37	31:21	7:03	06:50	0:13
22	Ginny Sackett	198	F 51	35:05	7:53	07:40	0:13
23	Lucius Bugbee	101	M 75	48:40	10:56	11:10	0:14
24	Cyndi Meddock	128	F 50	47:44	10:44	11:00	0:16
25	Kathleen Warner	168	F 51	47:47	10:44	11:00	0:16
26	Aimee Nicolola	146	F 49	45:22	10:12	09:55	0:17
27	Raymond Nicolola	148	M 48	45:24	10:12	09:54	0:18
28	Christopher Hawes	115	M 42	37:53	8:31	08:50	0:19
29	Jill Knecht	125	F 48	51:30	11:34	11:15	0:19
30	Gregory Sherwin	161	M 41	30:59	6:58	07:19	0:21
31	Michael Abt	92	M 63	58:15	13:05	13:26	0:21
32	Laura Fosco	111	F 59	56:14	12:38	13:00	0:22
33	Ed Russell	197	M 72	48:57	11:00	10:35	0:25
34	Roland Blakeslee	99	M 59	44:31	10:00	09:31	0:29
35	Jim Wheeler	207	M 53	52:20	11:46	11:15	0:31
36	Lewis Baldwin II	95	M 43	45:31	10:14	09:40	0:34
37	Laurie Haibach	114	F 57	55:16	12:25	13:00	0:35
38	Anthony Berdis	97	M 47	39:08	8:48	08:12	0:36
39	Tom Adamczyk	200	M 57	39:31	8:53	08:16	0:37
40	Sharon Sherman	155	F 44	55:06	12:23	13:00	0:37
41	Gregg Moffett	129	M 31	38:02	8:33	07:52	0:41
42	Joseph Di Bello	105	M 45	43:04	9:41	08:56	0:45
43	Kregg Heenan	205	M 41	44:46	10:04	09:18	0:46
44	William Rockwell	150	M 34	32:39	7:20	06:29	0:51
45	Jesse Jassak	123	F 28	51:03	11:28	10:37	0:51
46	Maggie Mandic	126	F 26	45:07	10:08	11:00	0:52
47	Ray Dworakowski	106	M 60	39:34	8:53	08:00	0:53
48	Michelle Herr	117	F 40	49:18	11:05	10:00	1:05
49	Stacey Curry	104	F 61	52:22	11:46	10:40	1:06

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50	Larry Berdis	98	M 80	1:11:52	16:09	17:15	1:06
51	Alyssa Englert	109	F 28	51:02	11:28	10:21	1:07
52	Jen Carner	102	F 41	47:39	10:42	09:30	1:12
53	Caroline Sherwin	159	F 40	59:11	13:18	12:00	1:18
54	Jessie Montanye	135	F 30	45:56	10:19	08:58	1:21
55	Katie Sherwin	164	F 13	45:01	10:07	11:33	1:26
56	Linh Truong	167	F 35	56:13	12:38	11:00	1:38
57	Alena Fosco	110	F 14	1:11:48	16:08	14:00	2:08
58	Paul Caviglia	203	M 41	57:00	12:49	09:26	3:23
59	Lacey Zelinski	175	F 36		:	08:43	8:43
60	Jessica Quiggle	149	F 31		:	09:20	9:20
61	Jesse Tomczak	166	M 33		:	10:00	10:00
62	Damian Highfill	121	M 11		:	12:24	12:24
63	Sherry Highfill	122	F 37		:	12:41	12:41