

February 24, 2013

Quad

Place	Name	Bib	Age	Gnd	Swim			Bike			Run			Ski			Total Time
					Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	
1	Aaron Garrity	161	34	M	15	31:47	17:39	1	26:03	32.2	1	29:13	5:51	2	21:18	4:16	1:48:22
2	George Drushel	117	49	M	2	26:50	14:54	7	29:52	28.1	4	31:34	6:19	4	22:27	4:29	1:50:44
3	Jim Samuels	381	45	M	10	30:59	17:13	12	30:31	27.5	2	29:42	5:56	1	19:59	4:00	1:51:12
4	Dan Pierce	348	34	M	1	25:04	13:56	2	27:27	30.6	20	35:59	7:12	12	23:45	4:45	1:52:16
5	Christopher Welsh	469	29	M	18	32:13	17:54	9	30:03	28.0	3	30:34	6:07	13	24:13	4:51	1:57:04
6	John Trucilla	442	52	M	24	34:47	19:19	4	28:50	29.1	8	32:34	6:31	5	22:40	4:32	1:58:52
7	Pam McCormick	272	39	F	7	29:39	16:28	14	30:32	27.5	14	34:30	6:54	16	24:32	4:54	1:59:14
8	Andrew Paris	328	36	M	22	33:51	18:48	6	29:43	28.3	7	32:23	6:29	14	24:17	4:51	2:00:14
9	Harvey Snell	408	59	M	21	33:45	18:45	13	30:32	27.5	19	35:55	7:11	6	23:03	4:37	2:03:15
10	Steve Wright	489	53	M	17	32:09	17:52	10	30:05	27.9	12	33:06	6:37	35	29:48	5:58	2:05:08
11	Bill Mathie	264	48	M	32	36:18	20:10	28	33:40	25.0	6	32:05	6:25	7	23:06	4:37	2:05:10
12	Nancy Herbst	194	52	F	16	31:58	17:46	23	32:57	25.5	24	36:51	7:22	9	23:33	4:43	2:05:20
13	Tom Nickou	317	35	M	13	31:32	17:31	20	32:39	25.7	23	36:51	7:22	15	24:29	4:54	2:05:32
14	Jim Bowen	39	57	M	23	34:05	18:56	11	30:29	27.6	29	37:20	7:28	11	23:40	4:44	2:05:35
15	Mike Lawrence	242	47	M	11	31:08	17:18	29	33:48	24.9	9	32:42	6:32	30	28:57	5:47	2:06:36
16	Chris Hunt	202	54	M	29	36:00	20:00	19	32:25	25.9	18	35:38	7:08	17	24:37	4:55	2:08:41
17	Paul Caviglia	75	38	M	6	29:13	16:14	17	32:13	26.1	34	38:23	7:41	36	30:28	6:06	2:10:18
18	Doug Phillips	344	49	M	14	31:34	17:32	37	34:56	24.0	11	33:04	6:37	37	30:47	6:09	2:10:22
19	Nicolina Pierce	349	34	F	4	28:14	15:41	22	32:46	25.6	17	35:31	7:06	43	34:01	6:48	2:10:33
20	Steve Wychock	491	46	M	59	43:55	24:24	8	29:56	28.1	13	34:12	6:50	10	23:34	4:43	2:11:38
21	Edwin Gray	178	56	M	41	39:15	21:48	39	35:19	23.8	15	35:10	7:02	8	23:07	4:37	2:12:52
22	Melanie Reade	361	27	F	8	30:00	16:40	35	34:39	24.2	50	41:59	8:24	23	26:41	5:20	2:13:19
23	Dave Sanner	383	44	M	12	31:24	17:27	21	32:45	25.6	55	42:41	8:32	24	26:47	5:21	2:13:38
24	Edward Wheeler	470	58	M	19	32:28	18:02	32	34:26	24.4	42	39:36	7:55	28	28:41	5:44	2:15:12
25	Jason Kuilman	230	30	M	5	29:00	16:07	27	33:38	25.0	22	36:11	7:14	51	36:34	7:19	2:15:24
26	Jessica Diloreto	105	29	F	9	30:34	16:59	30	33:54	24.8	21	36:01	7:12	49	36:16	7:15	2:16:46
27	Nathan Latimer	238	30	M	36	37:53	21:03	24	33:01	25.4	16	35:22	7:04	38	31:27	6:17	2:17:44
28	Brennan Donnelly	113	23	M	28	35:53	19:56	16	31:57	26.3	5	32:02	6:24	53	38:52	7:46	2:18:45
29	Donnelle Super	424	37	F	48	41:35	23:06	15	31:33	26.6	28	37:07	7:25	32	29:13	5:51	2:19:29
30	Kristin O'Hern	323	23	F	38	38:24	21:20	51	37:14	22.6	45	40:12	8:02	19	25:04	5:01	2:20:55
31	Craig Latimer	236	61	M	58	43:25	24:07	44	35:59	23.3	37	38:38	7:44	22	25:37	5:07	2:23:40
32	Anton Fensel	138	27	M	53	42:55	23:51	31	34:05	24.6	30	37:26	7:29	34	29:43	5:57	2:24:10
33	Olivia Nuriulu	321	42	F	40	39:01	21:41	18	32:23	25.9	32	38:06	7:37	45	34:54	6:59	2:24:25
34	Michael Maring	253	12	M	60	44:02	24:28	62	38:52	21.6	27	36:59	7:24	18	24:49	4:58	2:24:43
35	Bob North	319	57	M	3	27:12	15:07	59	38:28	21.8	48	41:30	8:18	55	39:16	7:51	2:26:27

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Place	Name	Bib	Age	Gnd	Swim		Bike			Run		Ski		Total Time			
					Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk	Time	Pace
36	Jon Braeger	41	53	M	31	36:16	20:09	50	37:13	22.6	43	39:53	7:59	44	34:24	6:53	2:27:47
37	Ron Graff	176	61	M	68	45:32	25:18	33	34:28	24.4	53	42:26	8:29	20	25:25	5:05	2:27:52
38	Dick Eglinton	124	59	M	54	42:56	23:51	36	34:44	24.2	56	43:22	8:40	29	28:51	5:46	2:29:54
39	Dave Perkowski	335	51	M	42	39:43	22:04	57	38:21	21.9	49	41:38	8:20	40	32:21	6:28	2:32:04
40	Norine Gammon-Samuels	160	42	F	43	39:58	22:12	25	33:14	25.3	64	46:05	9:13	41	33:03	6:37	2:32:21
41	Joe Dobrich	108	54	M	46	41:15	22:55	42	35:36	23.6	51	42:06	8:25	46	35:16	7:03	2:34:13
42	Walt Horner	200	68	M	63	45:10	25:06	56	38:02	22.1	63	45:17	9:03	25	27:00	5:24	2:35:30
43	Jim Donnelly	114	53	M	47	41:17	22:56	38	35:06	23.9	47	40:47	8:09	54	39:04	7:49	2:36:15
44	David Gianoni	170	54	M	45	40:37	22:34	46	36:32	23.0	25	36:52	7:22	62	43:40	8:44	2:37:42
45	Richard Rodland	370	60	M	50	42:22	23:32	69	40:41	20.6	44	39:59	8:00	48	36:05	7:13	2:39:08
46	Michael Divito	107	30	M	30	36:09	20:05	41	35:32	23.6	31	37:54	7:35	82	50:43	10:09	2:40:18
47	Tony Mathie	265	13	M	57	43:18	24:03	97	46:24	18.1	61	45:02	9:00	21	25:33	5:07	2:40:18
48	Chrissy Welsh	468	27	F	52	42:39	23:42	26	33:35	25.0	54	42:38	8:32	61	42:22	8:28	2:41:15
49	Ann Morris	305	51	F	95	58:19	32:24	34	34:37	24.3	39	39:09	7:50	33	29:18	5:52	2:41:24
50	Devon O'Hern	322	23	F	34	37:37	20:54	64	39:31	21.3	81	51:23	10:17	42	33:12	6:38	2:41:44
51	Joe Zegarelli	500	54	M	25	35:07	19:31	61	38:52	21.6	66	47:19	9:28	58	40:48	8:10	2:42:07
52	Mariann Kahle	210	44	F	35	37:40	20:56	48	36:51	22.8	35	38:24	7:41	85	52:53	10:35	2:45:49
53	Barry Anderson	5	40	M	26	35:49	19:54	43	35:38	23.6	67	47:38	9:32	71	47:51	9:34	2:46:57
54	Jillian Halmi Behm	186	45	F	39	38:54	21:37	3	28:34	29.4	117	1:15:35	15:07	26	27:12	5:26	2:50:16
55	Corey Fedor	137	36	M	76	48:21	26:52	45	36:26	23.1	33	38:07	7:37	70	47:23	9:29	2:50:18
56	Sherry Mason	260	59	F	62	44:57	24:58	53	37:40	22.3	88	53:12	10:38	47	35:45	7:09	2:51:35
57	Julie Cardman	67	46	F	49	42:09	23:25	80	42:46	19.6	78	50:49	10:10	50	36:19	7:16	2:52:04
58	Ken Domsic	112	61	M	93	57:36	32:00	52	37:31	22.4	38	38:46	7:45	52	38:47	7:45	2:52:41
59	Brandon Gray	177	23	M	74	47:09	26:12	95	45:11	18.6	10	32:42	6:32	72	48:24	9:41	2:53:27
60	Gary Maras	251	58	M	27	35:50	19:54	63	39:16	21.4	116	1:10:58	14:12	27	27:33	5:31	2:53:39
61	Denise Braeger	40	51	F	70	46:30	25:50	66	39:35	21.2	71	49:47	9:57	59	40:50	8:10	2:56:43
62	Andrew Samuels	380	11	M	80	48:46	27:06	104	50:49	16.5	72	49:50	9:58	31	29:09	5:50	2:58:35
63	Paul Hart	190	54	M	61	44:32	24:44	55	38:00	22.1	82	51:29	10:18	66	45:08	9:02	2:59:10
64	Jacob Lawrence	241	12	M	97	59:24	33:00	107	52:38	16.0	26	36:53	7:23	39	32:07	6:25	3:01:03
65	Greg Wigham	473	58	M	89	56:03	31:08	49	36:58	22.7	58	43:50	8:46	65	44:32	8:54	3:01:24
66	Jonathan Hall	184	56	M	66	45:23	25:13	68	40:21	20.8	68	47:40	9:32	73	48:40	9:44	3:02:05
67	Janine Daly	94	60	F	77	48:28	26:56	89	43:56	19.1	60	45:01	9:00	69	45:46	9:09	3:03:12
68	Val Jackson	207	42	F	51	42:35	23:39	74	41:37	20.2	86	52:21	10:28	76	49:25	9:53	3:05:59
69	Lydia Maring	252	51	F	78	48:37	27:01	47	36:36	23.0	103	1:01:38	12:20	56	39:55	7:59	3:06:47
70	John Sullivan	421	36	M	79	48:42	27:03	93	45:06	18.6	70	49:41	9:56	67	45:12	9:02	3:08:42

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Place	Name	Bib	Age	Gnd	Swim		Bike			Run		Ski		Total Time			
					Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk	Time	Pace
71	Gary Flick	144	62	M	55	43:10	23:59	73	41:00	20.5	79	51:13	10:15	87	53:19	10:40	3:08:43
72	Paul Zebrowski	499	64	M	84	50:23	27:59	71	40:44	20.6	36	38:26	7:41	96	59:47	11:57	3:09:21
73	Anne Pedersen	331	54	F	56	43:13	24:01	94	45:08	18.6	95	57:37	11:31	68	45:43	9:09	3:11:42
74	Mike Maring	254	52	M	114	1:20:44	44:51	5	28:58	29.0	104	1:01:41	12:20	3	22:24	4:29	3:13:48
75	Mike Kohan	221	55	M	87	55:04	30:36	77	42:10	19.9	80	51:14	10:15	75	48:50	9:46	3:17:19
76	Lewis Baldwin II	13	40	M	82	49:58	27:46	96	45:28	18.5	46	40:27	8:05	104	1:04:16	12:51	3:20:10
77	Dianne Blanchard	32	52	F	72	46:42	25:57	82	42:54	19.6	102	1:01:33	12:19	78	49:48	9:58	3:20:57
78	Patrick Mancini	249	60	M	44	40:13	22:21	70	40:44	20.6	115	1:10:27	14:05	80	50:09	10:02	3:21:34
79	Diane Beaty	21	51	F	81	49:00	27:13	40	35:29	23.7	110	1:08:13	13:39	79	49:53	9:59	3:22:36
80	Heather Cass	74	40	F	102	1:01:20	34:04	79	42:33	19.7	41	39:34	7:55	95	59:40	11:56	3:23:08
81	Dave Holland	196	60	M	64	45:13	25:07	60	38:47	21.7	112	1:09:11	13:50	81	50:15	10:03	3:23:27
82	Dan Teed	430	46	M	20	33:05	18:23	120	1:07:55	12.4	98	58:14	11:39	64	44:15	8:51	3:23:30
83	Mitch Willis	482	56	M	71	46:37	25:54	105	50:53	16.5	73	49:53	9:59	92	56:45	11:21	3:24:09
84	Robert Jaglowski	208	55	M	67	45:26	25:14	67	39:42	21.2	107	1:03:07	12:37	91	55:58	11:12	3:24:14
85	Thomas Danowski	95	60	M	73	46:50	26:01	84	42:58	19.6	85	52:06	10:25	102	1:04:08	12:50	3:26:03
86	Kenneth Berlin	26	40	M	33	36:33	20:18	85	42:59	19.5	106	1:02:35	12:31	103	1:04:13	12:51	3:26:21
87	Peter Kroemer	227	56	M	111	1:12:17	40:09	58	38:27	21.8	59	44:22	8:52	86	52:57	10:35	3:28:04
88	Tom Sullivan	422	63	M	106	1:03:22	35:12	91	44:53	18.7	75	50:02	10:00	84	52:21	10:28	3:30:39
89	Katherine Hall	185	56	F	90	56:11	31:13	99	46:53	17.9	90	53:49	10:46	89	54:01	10:48	3:30:55
90	John Guerriero	179	53	M	107	1:05:02	36:08	87	43:32	19.3	52	42:12	8:26	98	1:01:36	12:19	3:32:23
91	Sam King	217	14	M	92	57:33	31:58	110	55:09	15.2	40	39:25	7:53	97	1:00:49	12:10	3:32:57
92	Mike Pentland	333	53	M	65	45:16	25:09	81	42:46	19.6	108	1:06:27	13:17	94	59:01	11:48	3:33:31
93	Bob Moomy	298	77	M	99	1:00:42	33:43	83	42:56	19.6	83	51:58	10:24	93	58:11	11:38	3:33:48
94	Emma Teed	431	11	F	69	45:36	25:20	119	1:07:40	12.4	97	58:13	11:39	63	44:13	8:51	3:35:43
95	Laura Mauroni	268	46	F	85	52:10	28:59	101	49:23	17.0	84	52:03	10:25	99	1:02:53	12:35	3:36:30
96	Niels Pedersen	332	81	M	110	1:11:09	39:32	90	44:38	18.8	101	1:01:32	12:18	57	40:11	8:02	3:37:31
97	Trill Dreistadt	116	63	F	88	56:00	31:07	78	42:16	19.9	65	46:58	9:24	107	1:13:27	14:41	3:38:41
98	Ryan Pronko	353	0	M	108	1:07:56	37:44	102	49:50	16.9	77	50:21	10:04	88	53:36	10:43	3:41:44
99	Patrick Tech	429	56	M	94	57:49	32:07	86	43:31	19.3	111	1:08:16	13:39	90	54:22	10:52	3:43:59
100	Thomas Twohig	443	59	M	101	1:01:06	33:57	72	40:54	20.5	57	43:32	8:42	112	1:19:11	15:50	3:44:43
101	James Mesick	291	55	M	116	1:25:33	47:32	88	43:52	19.1	76	50:07	10:01	74	48:43	9:45	3:48:15
102	Joyce Quadri	355	77	F	109	1:07:58	37:46	65	39:31	21.3	99	59:14	11:51	100	1:03:44	12:45	3:50:28
103	Karen Eglinton	125	58	F	104	1:02:58	34:59	109	54:52	15.3	105	1:01:59	12:24	83	50:45	10:09	3:50:35
104	Laurie Hogan	195	48	F	96	58:41	32:36	111	56:35	14.8	87	52:50	10:34	101	1:03:45	12:45	3:51:52
105	Joe Russell	375	59	M	91	56:48	31:33	92	44:58	18.7	92	54:58	11:00	109	1:15:50	15:10	3:52:35

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Gnd</u>	<u>Swim</u>		<u>Bike</u>			<u>Run</u>			<u>Ski</u>		<u>Total Time</u>		
					<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>		<u>Time</u>	<u>Pace</u>
106	Tania Flink	145	35	F	83	50:04	27:49	113	57:40	14.6	62	45:15	9:03	114	1:20:19	16:04	3:53:19
107	Dennis Howard	201	67	M	105	1:03:21	35:12	76	41:54	20.0	89	53:16	10:39	110	1:16:22	15:16	3:54:54
108	Larry Kisielewski	218	60	M	37	38:15	21:15	122	1:26:34	9.70	119	1:18:34	15:43	60	41:32	8:18	4:04:56
109	Emily Rodland	369	20	F	100	1:00:46	33:46	106	52:24	16.0	94	57:29	11:30	118	1:21:07	16:13	4:11:47
110	Sophie Mulard	310	16	F	75	47:44	26:31	75	41:54	20.0	121	1:28:17	17:39	111	1:19:07	15:49	4:17:03
111	Carla Rzepka	376	46	F	98	1:00:30	33:37	98	46:26	18.1	113	1:10:05	14:01	119	1:21:12	16:14	4:18:14
112	Jean Schaetzle	388	49	F	86	53:43	29:51	118	1:03:44	13.2	91	54:04	10:49	121	1:31:51	18:22	4:23:23
113	Sharon Dale	91	61	F	113	1:20:37	44:47	114	59:23	14.1	96	58:01	11:36	108	1:13:30	14:42	4:31:32
114	Barbara Glotz	171	63	F	115	1:21:29	45:16	112	57:31	14.6	118	1:17:59	15:36	106	1:11:12	14:14	4:48:12
115	Raymond Mesick	292	57	M	117	1:35:55	53:17	103	50:35	16.6	122	1:32:28	18:30	77	49:47	9:57	4:48:46
116	Jackson Spires	412	9	M	119	1:38:25	54:41	116	1:02:25	13.5	69	48:10	9:38	116	1:20:33	16:07	4:49:34
117	Katie Spires	413	35	F	118	1:38:11	54:33	115	1:02:12	13.5	74	49:58	10:00	117	1:20:37	16:07	4:50:59
118	Audrey King	215	11	F	103	1:02:21	34:38	121	1:12:23	11.6	100	1:01:07	12:13	122	1:36:33	19:19	4:52:25
119	Howard Krack	225	61	M	120	1:46:00	58:53	108	53:58	15.6	93	55:30	11:06	113	1:19:40	15:56	4:55:09
120	Karen Carpenedo	69	62	F	112	1:20:27	44:42	117	1:03:44	13.2	120	1:25:51	17:10	105	1:06:47	13:21	4:56:50
121	Merv Troyer	441	74	M	122	2:06:43	70:24	54	37:43	22.3	109	1:08:02	13:36	115	1:20:31	16:06	5:13:00
122	Phil Chenard	77	85	M	121	2:02:31	68:04	100	48:46	17.2	114	1:10:24	14:05	120	1:21:19	16:16	5:23:01